

MANITOBA ROUTE



FROM PRAIRIE FIELDS
TO PRAIRIE MOUNTAINS

TRAVEL SCENIC HIGHWAY 45
ENJOYING ALL THE UNIQUE
ATTRACTIVE PLACES
ALONG THE WAY

Legend

- Hwy. 45 (paved)
- Yellowhead Route
- Highway
- Provincial Road
- Paved
- Gravel
- Starting Points
- Town
- Lake
- Picnic Area
- Golf Course
- Trans Canada Trail

Interesting Places

- A** Tourist Info Centre, Russell
- B** Russell Main Street Arches
- C** Angusville Hall
- D** Angusville General Store
- E** Rossburn Museum
- F** Duke the Bear Statue, Rossburn
- G** Blue Moon Saskatoon U-Pick, near Vista
- H** The Meat Man—Fresh, local meats, Oakburn
- I** Elphinstone Kobassa (Smoked sausage made on site)
- J** Symonds Rails to Trails Kiosk, Sandy Lake
- K** Holy Ghost Ukrainian Catholic Church, Sandy Lake
- L** St. Michael's Ukrainian Orthodox Church, Sandy Lake
- M** Ukrainian Cultural Heritage Museum, Sandy Lake
- N** Model Railroad Display, Sandy Lake
- O** The Shanty on Old 45, Sandy Lake



Outdoor

- Beach
- Swimming
- Boat Launch
- Hiking
- Fishing
- Fly Fishing
- Wildlife Watching
- Dock
- Camping

Dining

- Bin 22 Coffee Co.
- Tin House Designs & Coffee
- The Russell Inn
- Tiff's Restaurant & Lounge
- Waywayseecappo Restaurant & Gaming Lounge
- Gone Scrampin' in Bloom
- The Barking Moose
- Hansel & Gretel's Schnitzel House
- Generations Tea Room & Gift Shop

Accommodations

- Jolly Lodger
- The Russell Inn
- Sanderson's Hill Bed & Breakfast
- Silver Creek Bed & Breakfast
- 9 Finger Ranch
- Rossburn Hotel
- Maple Grove Bed & Breakfast
- Sandy Lake Hotel

Nearby Attractions

- Asessippi Provincial Park
- Asessippi Ski Area & Resort
- Inglis Elevators National Historic Site
- Baydak Trail
- Marconi School
- Olha Store
- Buddas (Pioneer Ukrainian Dwellings)
- Ukrainian Settlement Monument & Mass Grave
- Horod School



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MANITOBA ROUTE 45	Accommodations	Camping	Gas	Groceries & Supplies	Restaurants	Shopping	Health Services	Historic / Heritage Sites
Russell	★	★	★	★	★	★	★	★
Silverton	★							
Angusville		★		★	★			★
Waywayseecappo			★	★	★	★		
Rossburn	★	★	★	★	★	★	★	★
Menzie								★
Elphinstone		★	★	★				
Sandy Lake	★	★	★	★	★	★		★

For more information visit
route45.parklandtourism.com

Bin 22 Coffee Co.

202 Main Street North, Russell

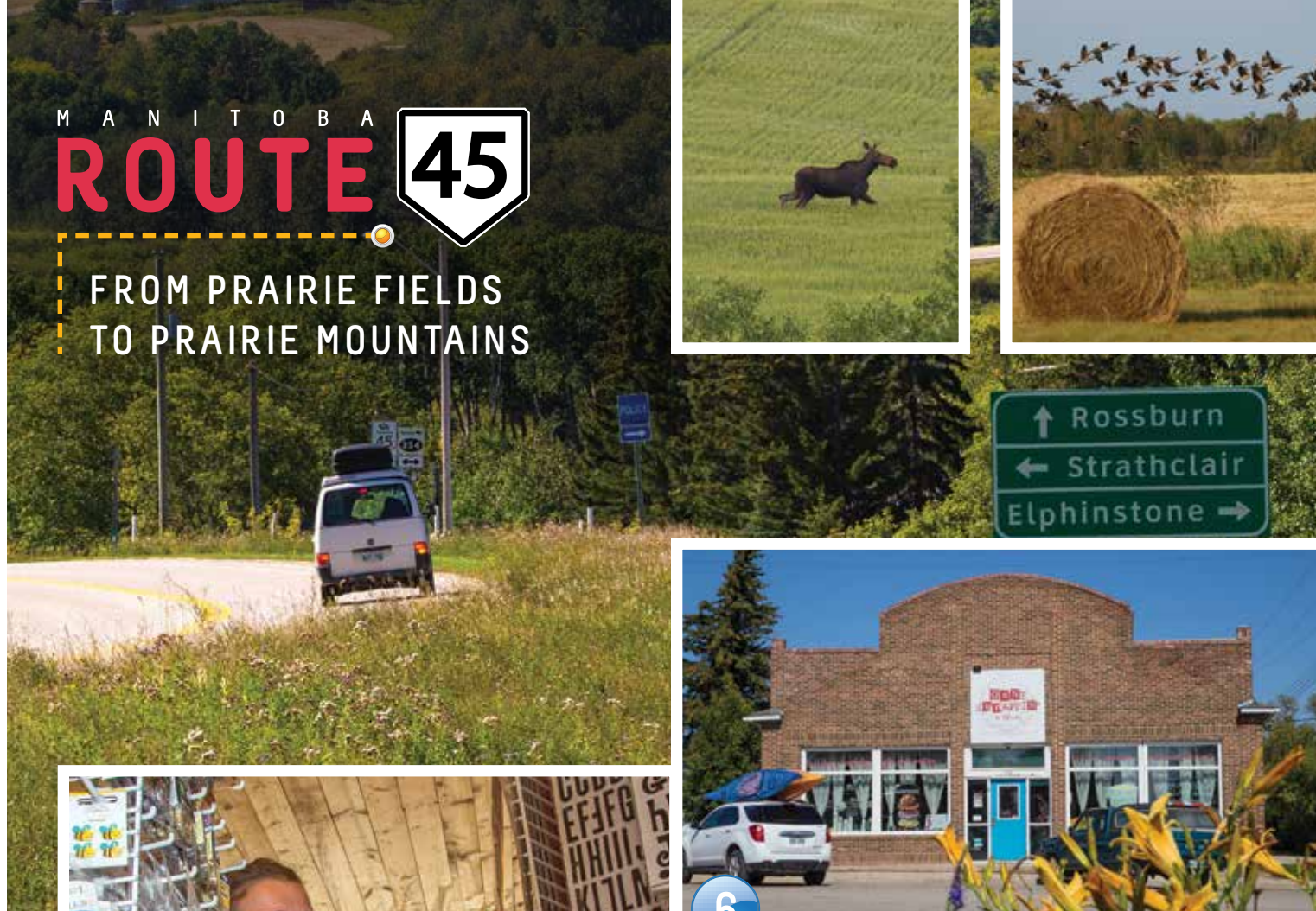
The main floor of an historic red brick bank building in Russell has been tastefully transformed into a clothing boutique and a specialty coffee house. Bin 22's warm and inviting atmosphere can be attributed to the friendly staff, the great coffees and sweet treats, and the pleasant combination of urban and rustic décor. Handcrafted tabletops, a reclaimed barn beam coffee table, a comfy couch and armchair corner encourage relaxation and conversation. The tantalizing aroma of espresso, cappuccino, and caramel lattes will bring you back for sure! Phone 204-773-4328. www.facebook.com/bin22coffeeco



TinHouse Designs and Coffee Co.

161A Main Street, Russell

After travelling across Canada, two young artists returned home to create this unique eatery and gift shop. It has very successfully brought the look and feel of other "cool" city shops to a rural town. Enjoy the striking interior or sit on the sunny patio. Try homemade "from scratch" wraps, sandwiches, salads, specialty teas and coffees, ice cream and a variety of home-baked goodies. Many gift items are available including handmade Canadian works from baby items to framed tin ceiling tiles, stained glass art, wildlife photography and much more. Open Monday through Saturday. Call 204-773-2291. www.tinhousedesigns.ca



Gone Scrappin' In Bloom

20 Victoria Avenue East, Rossburn

This red brick 1939 general store has an all-wood interior, is heated by a furnace forcing warm air through a large steel floor grate and is "open concept" due to the truss structure for the roof. Regardless of its size, there is a cozy and inviting feel and the aroma of old wood and fresh Manitoba roasted coffee is so inviting. The store offers fresh flowers, an exceptional variety of scrapbooking supplies, gifts, Manitoba-made treats, as well as the café delights of specialty teas and coffees, homemade soup, sandwiches, desserts and ice cream. Open year-round. Phone 204-859-3334. www.gonescrappin.ca. Find them on Facebook, Instagram, and Twitter @gonescrapnbloom.



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The Barking Moose

Corner of Railway Ave. & Main St, Sandy Lake

Sandy Lake's internet café serves Fair Trade organic specialty coffees and teas as well as European-style sandwiches, soup and on-site baking (cookies, tarts and other treats). Enjoy this cozy little spot, relax, read, visit or sit on the patio and watch the world go by! Open Thursday through Sunday, spring until fall.

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Hansel and Gretel's Schnitzel House

Located at Sandy Lake Golf Club (East of Sandy Lake)

Enjoy authentic German schnitzels (several varieties), German bratwurst sausage, sauerkraut, spaetzle, cauliflower with Hollandaise sauce, Gypsy sauce, Hunter sauce and much, much more, as well as many Canadian favourites, all homemade and fresh daily. Add traditional German music in the background, a glass of wine or a pint of beer and you will understand why reservations are recommended. Phone 204-585-5227. www.hanselandgretels.net

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Generations Tea Room & Gift Shop

117 Main Street, Sandy Lake

Generations has been reopened by the original owner and her husband. They are presenting the same look and feel but with the addition of a male perspective in places. Beautiful home decor, tableware, pottery and clothing are some of what Carrie has to offer and now Kerry has brought in barbecues, Old Guys Rule t-shirts, choice seafood and meats, and more. Generations has returned to a tea room menu, but with a variety to satisfy every craving. Drop by and see them! Open Tuesday to Saturday, 10 a.m. - 3 p.m. Phone 204-585-5336.



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The Shanty on Old 45

1012 2nd St. W, Sandy Lake
Discover works of art, souvenirs of Sandy Lake, and many other handmade items just 100 feet from the Trans Canada Trail in a tiny building dating back to the early 1900s. Open daily July and August. Phone 204-585-2168. www.shantyonoldfortyfive.net



Angusville General Store

307 Main Street, Angusville

Once a Municipal Office and now a General Store supplying daily necessities, organic and Fair Trade goods, giftware and local products, flowers and even fresh coffee. Enjoy the old-time atmosphere, complete with furnishings and artifacts from the former Baker's General Store in Vista, Manitoba (also located along Highway 45). Sip a specialty coffee and challenge someone to a game of checkers on the handpainted tabletop board at the back of the store with its checkers pieces made from a "just the right size" tree branch. Phone 204-773-3243. Visit angusvillegeneralstore.com for more detail and store hours.

